

Meet our cataract team



GRANT AAKER, M.D.



ANTHONY GRILLO, M.D.



STEPHEN RECK, M.D.



CORINNE BACHER, O.D.



KRISTEN CLARK, O.D.



JACQUELIN ESCOTO, O.D.



CHONG LEE, O.D.



MICHELLE LEE, O.D.



JANAT MATHEW, O.D.



CLARUS EYE CENTRE

Main: 360-456-3200
Surgery Center: 360-456-7077

Main/Surgery Center Location
345 College Street SE
Lacey, WA 98503

WWW.CLARUSEYE.COM



CLARUS
EYE CENTRE



CATARACT SURGERY

Planning and Preparation Guide

CATARACT SURGERY AT CLARUS EYE CENTRE

Important things to note for your visit:

- Your eyes will need to be dilated (even if this was done recently by your optometrist) for our surgeon to thoroughly evaluate your eyes and plan your surgery.
- Your visit will take approximately two hours. We will measure your eyes, the doctor will examine your eyes, and your surgery and lens options will be discussed. You will also meet with our surgery coordinator for scheduling.

At Clarus, we aim to provide the most advanced surgical experience possible. To do this, we ask that you please prepare for your cataract evaluation by doing the following:

1. REVIEW YOUR CATARACT SURGERY OPTIONS (right). This will help you and your surgeon decide what type of cataract surgery, and what type of lens implant is right for you.

2. COMPLETE THE VISION QUESTIONNAIRE QUESTIONNAIRE (included in this packet) and bring it to your appointment. This guides the discussion between you and your doctor about which lens to choose.

3. IF YOU WEAR CONTACT LENSES:

- Soft Contact lenses - Please discontinue their use **ONE WEEK** before your visit
 - Gas Permeable lenses - Please discontinue their use **TWO WEEKS** before your visit
- NOTE:** Some exceptions apply. Questions? Please call us at 360-456-3200.

4. PLEASE PLAN TO USE ARTIFICIAL TEARS (PRESERVATIVE-FREE, NO VISINE) at least four times per day for one week before your consultation. This will improve the quality of your measurements.

Upon arrival at Clarus, we will take measurements that will be used by your surgeon to:

- Evaluate how your cataracts affect your vision.
- Determine which lens options would best suit your needs.
- Calculate the power of the intraocular lens to give you the best vision after surgery.

Following these measurements, your eyes will be dilated and you will meet with the surgeon for a thorough eye examination. Your surgeon will discuss with you the risks and benefits of surgery, along with the lens options that are available and most appropriate for your vision needs. After your visit, we hope to have a lens selection made, but you are not required to make the decision that day. We ask only that if you are unable to choose a lens option that day, you have your choice made at least two weeks before surgery.

Finally, you will meet with our surgery counselor, who will help you choose a surgery date and complete the paperwork for the surgery. They will also be able to help you understand your financial obligations for the surgery.

We hope this information will take some of the mystery out of your upcoming visit. Remember, you will not be having surgery until after you have met with your surgeon to discuss your surgery and lens options.

ADVANCED TECHNOLOGY TO IMPROVE YOUR VISION

Using advanced technology, premium cataract surgery can result in an enhanced visual outcome that **REDUCES YOUR DEPENDENCE ON GLASSES**, sometimes eliminating the need for them entirely, and addresses various refractive conditions such as astigmatism. Astigmatism will be treated using either the Catalys® laser, an astigmatism correcting Toric intraocular lens, or the Light Adjustable Lens, as needed. Some of the technology used may include the following, depending on your specific needs:

- The Catalys® Laser system analyzes the internal structures of your eye and provides computer-guided laser precision, for several key steps of cataract surgery. Under your surgeon's guidance, the Catalys® laser performs these delicate maneuvers with real-time 3D imaging with incredible accuracy.
- Cutting-edge, technologically advanced intraocular lenses are utilized to help achieve the outcome that your lifestyle needs.

If any additional adjustments are needed to achieve the desired goal after the surgery (which occurs about 20% of the time nationally) these are performed at no additional cost.

PREMIUM CATARACT SURGERY OPTIONS

___ Light Adjustable Lens - \$4500 per eye

- Implantation of a lens within the eye that is adjusted after surgery
- The lens shape is customized based on your power and astigmatism correction needs

___ Expanded Focal Range - \$3400 per eye

- Corrects low to high levels of astigmatism
- Corrects vision for distance, mid-range, and near
- Reduces dependence on glasses for most activities

___ Single Focus - \$2100 per eye

- Corrects low to high levels of astigmatism
- Corrects vision for distance OR near
- Glasses will be required for some activities

___ Blended Vision or Monovision - \$2100 per eye

- Corrects low to high levels of astigmatism
- Corrects one eye for distance and one eye for near
- Glasses may be required for some activities

TRADITIONAL CATARACT SURGERY - INSURANCE-BASED

- Glasses are typically required for most activities after surgery (\$75 fee for Rx)

RATES: All premium rates apply to surgeries scheduled after January 1st, 2025.

BILLING: Regardless of the chosen option, your insurance company will be billed for standard cataract surgery. The cost of the premium portion of your surgery listed above is IN ADDITION to standard cataract surgery and is not covered by most medical insurance plans. You will be responsible for any co-payments, deductibles, co-insurance based on your insurance plan, and the additional premium fee.

Premium fees must be paid 2 weeks before surgery.

PAYMENT: Check and credit cards are accepted. Please ask your surgery counselor about financing options.

Thank you for choosing Clarus and we look forward to improving your vision!